



# Region 4 - NAWIC's Core!

## Chapter Chatter

October 2007

Core Purpose: To enhance the success of women in the construction industry

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### Greetings from your Director!

Welcome to the first edition of the Region 4 **Chapter Chatter**. Perhaps the first order of business is to adopt a new name? I'm open for suggestions because this is YOUR newsletter. Chapters that send in their news stories about events/meetings will be published in this newsletter. Space is no longer limited to one short paragraph. Give us all the news!

Send me your feedback, suggestions and ideas and we'll continue to share the value of NAWIC.

*Christine*

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### Chapter News

**AKRON** – Installation, Installation, Installation – it's all about installation. New President, Officers and Board members along with a new member were all installed at the September meeting.

That and a talk on "Thinking outside the Box" – what a busy night!

No one was more thrilled with the evening then outgoing President Mardi Gauer – she was thrilled to receive her Past-presidents pin – the fact that it's large enough to actually be put on without a magnifying glass is just icing on the cake.

**BLUEGRASS** – Members heard about issues facing Hispanic women in America today and installed the 2007-2008 board. Several members participated in the Kentucky Construction Career Days – what a great event!

**BOWLING GREEN – SOUTH CENTRAL KENTUCKY** – Education = Success and these chapter members are learning about NEF and specifically the Construction Industry Technician (CIT) certification process. Members from this chapter were also involved in the Kentucky Construction Career Days.

**CINCINNATI** – Cincinnati Chapter 64 had its 2007-2008 Officer Installation Meeting and Dinner on September 11. The Inspiration was given by Beth Coulson, who included a remembrance to Charter Member Julie Gecks. Incoming President Candy Riley, CIT, chose the Rose Ceremony which was conducted by Past President Rebecca Thompson CIT, CDS. Other Officers installed were President-Elect Fleet Fangman, Vice President Jenny Mangas, Treasurer Stephanie Durbin, Recording Secretary Erin Adamson and Corresponding Secretary Pat Popp. Board of Directors installed were Stephanie Burns, Laura Collins, Noelle Grome, Sonya Hughes, Mary Ellen Strunk, Brandy Veillion and

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**Mark your Calendar for  
Region 4 Events:**

Annual Planning Conference  
November 3, 2007  
The Galt House  
Louisville, Kentucky

Forum 2008  
April 11 – 13, 2008  
Marriott Ren-Cen  
Detroit, Michigan

National Convention  
September 3-6, 2008  
Flamingo  
Las Vegas, Nevada

**Region 4 Websites**

**NEW! REGION 4 WEBSITE!!**  
[www.nawic4.org](http://www.nawic4.org)

Bluegrass  
[www.bgnawic.org](http://www.bgnawic.org)

Cincinnati  
[www.nawiccincinnati.org](http://www.nawiccincinnati.org)

Cleveland  
[www.nawiccleveland.org](http://www.nawiccleveland.org)

Detroit  
[www.nawicdetroit.com](http://www.nawicdetroit.com)

Fort Wayne  
[www.nawicfortwayne.org](http://www.nawicfortwayne.org)

Grand Rapids  
[www.nawic194.org](http://www.nawic194.org)

Kalamazoo/Battle Creek  
[www.nawickzoobc.com](http://www.nawickzoobc.com) **NEW!**

Lansing  
[www.nawiclansing.org](http://www.nawiclansing.org)

Lorain County  
[www.nawic.netfirms.com](http://www.nawic.netfirms.com)

Louisville  
[www.nawic-lou.org](http://www.nawic-lou.org)

Toledo  
[www.nawictoledo.org](http://www.nawictoledo.org)

SWIC President Michelle Podsiadlo. The evening's speaker was Kathy Schwab from Al Neyer, Inc. Her topic was Cincinnati "Downtown to Uptown". It was very informative and the members learned a lot about real estate development in the city.

**CLEVELAND** – Cleveland Chapter 156 began its 40<sup>th</sup> year as a chapter on Thursday September 13, 2007 with the installation of their 2007-2008 Officers and Board of Directors. The event was held at the 100<sup>th</sup> Bomb Group Restaurant and attended by over eighty members and guests. The focus for this year is to experience the NAWIC journey and enjoy all the places we go. Saturday September 15<sup>th</sup> brought several women together as we participated in the Susan G. Komen Race for the Cure in downtown Cleveland. Our Annual Membership Drive meeting will be held on October 11<sup>th</sup> where NAWIC Past President Denise Norberg-Johnson will give a presentation on Leadership Styles.



**COLUMBUS** – Officer Norm Russell of the Columbus Division of Police addressed the members about Women's Safety. Installation of new officers took place and Convention attendees reported on their experiences at the annual meeting, including lunch with two SAWIC members.



**DAYTON** – This month was our Officer Installation and the installation of our newest member Nancy Howell of Danis Construction. Our officers for the year are: President – Rhonda Rhoades; Vice President – Connie Sink; Secretary – Ashley Mazurek; Treasurer – Karen Weber; Board Members – Heather Copas, Karen Applegarth & Suzanne Kiley. We are looking forward to a successful year. .

**DETROIT** – The Detroit Chapter is hard at work planning Forum 2008. We plan on seeing everyone there.

The Detroit and Lansing chapters have tentatively made plans to implement the Camp Magic program developed by our friends in Georgia. A 2008 implementation date is anticipated.

On Sept. 19, the Detroit Chapter toured the new 1 Kennedy square building in Detroit, Michigan. Following our tour, we officer installation was held at Eph's Deli. 2007-2008 officers are as follows:

Immediate Past President:	Mickey Marshall, CIT
President:	Kathi Dobson
Vice President:	Carol Varga
Treasurer:	Donielle Wunderlich, CIT

## Chapter Presidents

Akron

**Anke Myers**

Bluegrass

**Kim Hellmueller**

Bowling Green – South

Central Kentucky

**Kim Hansen**

Cincinnati

**Candy Riley, CIT**

Cleveland

**Monica Hamed**

Columbus

**Suellen Cadle**

Dayton

**Rhonda Rhoades**

Detroit

**Kathi Dobson**

Evansville

**Kim Ortiz**

Fort Wayne

**Diana Miller**

Grand Rapids

**Cheri Rysko**

Indianapolis

**Lori Beauchamp**

Kalamazoo/Battle Creek

**Judy Naylor, CDS, CIT**

Lansing

**Karen Schulert**

Lima

**Sheri Lybarger**

Lorain County

**Vickie Schaffer**

Louisville

**Stephanie Branham**

Northwest Indiana

**Carol Cardetti-Berger**

South Bend/Mishawaka

**Jane Shimp**

Terre Haute

**Amy Land, CIT**

Toledo

**Carla Klatt**

Corresponding Secretary: Nola Lee, CIT

Recording Secretary: Laurel Johnson, PE

Board of Directors: Michelle Alamo

Cheryl Anthony

Val Czyzewski

Rachel Jennings

Susan Long

Our next monthly meeting will be held on October 17th, and will feature a tour of recent renovations at the Detroit Zoo in Royal Oak, Michigan.

**EVANSVILLE** – The Evansville Museum was the location for a Block-Kids building contest. Installation of officers was also conducted.

**FORT WAYNE** - In August Fort Wayne members gathered at CH2MHill's office to fill donated school supply items for back packs. Members donated pencils, glue, markers, tablets, etc to put in the 40 back packs. They were then delivered to the Children's Sanctuary in time for the start of school. Our installation of officers will be conducted at the September meeting.

**GRAND RAPIDS** – Along with installation of officers and Woman In Construction of the year award being presented to Cheri Rysko, these members sponsored the Civic Theater production of Dream Girls. Great way to get the NAWIC name out there!

**INDIANAPOLIS** – We had 4 members travel to National Convention who came back with a wealth of information. We loved the MAGIC Idea and are ready to share with our membership to see if we can implement this into our chapter. Our Chapter participated in the CSI Trade Show - this gave us quite a few contacts for prospective members. The interest in NAWIC was great.

**LANSING** - The Lansing Chapter held their annual "Installation Meeting" on September 12<sup>th</sup>. The new officers and directors for the coming year were installed in a prestigious ceremony conducted by Stacy Wallace. Karen Schulert will lead and guide our Chapter in her second term as President, for the 2007 – 2008 year. Our newest member, Heidi Hitz was installed into our Chapter, by Jane Smith. Karen and Jane also installed two former members—Connie Milbourne and Rosemary Price, as Honorary Members of our Chapter.

**LOUISVILLE** – The APC planning committee is anxious for everyone to visit Louisville on November 2-3. Have you registered yet? (Program flyer and registration form are available on the Region 4 website [www.nawic4.org](http://www.nawic4.org)). Members installed their new officers and directors and also reviewed the NAWIC 101 program.

**NORTHWEST INDIANA** – Members toured the Glendale Medical Annex and installed officers in September.

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## Welcome New Members!

### Akron

Jennifer Keyes, Keyes Mini Excavating

### Bluegrass

Kimberlee Perry, KY Dept. of Labor, OSHA Ed. & Training  
Judy Taylor

**Detroit**

Laura Giove, The Home Depot

**Fort Wayne**

Cheryl Mason, Mason Engineering and Construction

**Indianapolis**

Alicia Rader, Greenwalt Sponsel & Co.

**Lansing**

Heidi Hitz, Clark Construction Co.

**Louisville**

Jenny Schlich, CDI Waste Recycling

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## Operation NAWIC Cares

At the 2007 convention in Orlando, Florida, a group of Region 3 and Region 4 NAWIC members entered into a heartwarming conversation regarding the servicemen and women overseas and what they could do to make a difference. The outcome of this group discussion is as follows. The National Association of Women in Construction wants to reach out to the many servicemen and women serving in Iraq, Afghanistan and Kuwait. Servicemen and women being so far from home need our support. If your chapter is up to the challenge and is interested in participating in this cause, use the attached guidelines; any questions can be emailed to either of the email addresses listed below. Nancy Kopp, a member of the Fort Wayne, IN Chapter, successfully challenged her company to participate last year; right before Christmas, she was able to send out 86 packages to servicemen and women overseas.

Since the conversation started with members in Region 3 and Region 4, it was decided we would start with these two regions; hopefully, if the word gets out, many other regions/chapters will want to participate.

We are asking chapters in Region 3 and Region 4 to consider taking on this project. The idea behind this is to send packages to servicemen and women overseas so they can receive them near the Christmas Holiday. The guidelines include suggestions on what to package and directions for sending. The other task is to get a list of servicemen and women in your area to include in this project.

Wouldn't it be great to have the opportunity to give a presentation at the 2008 convention on this endeavor? The following email addresses are available for questions, comments and most of all your feedback to us on your part in this program. We will accumulate the information and share this with NAWIC members across the nation.

**[nkopp@shambaugh.com](mailto:nkopp@shambaugh.com) or [d1m434@msn.com](mailto:d1m434@msn.com)**

Many have asked what we can send in our care packages. The following is a guideline of items we have sent to the servicemen and women in previous shipments:

**Hygiene/Miscellaneous:**

Toilet paper

Toothbrush/toothpaste/mouthwash/dental floss/breath strips

Soap with case/shower gel/anti-bacterial hand soap/hand sanitizer

Nail files (emery boards)/nail clippers/tweezers

Q-tips/cotton balls

Toothpicks

Baby powder

Shampoo/conditioner/hair gel/hairspray (pump)

Lotion/Avon skin-so-soft

Eye drops (moisturizing) /saline mist nose spray

Travel size Kleenex  
Deodorant  
Combs/brushes  
Contact lens cleaner  
Disposable razors/shaving cream/aftershave lotion  
Baby wipes/Clorox wipes  
Writing paper/envelopes/black ink pens/mechanical pencils  
Lip balm/ chapstick sunscreen (bottle & roll on kind)/Bug Off & bug repellent spray  
Bath towel/wash cloth (dark colors)  
Bandanas (desert & woodland cami)/swimming goggles  
Mini fans  
Batteries (all sizes, especially AA)  
Band-aids/Neosporene/Hydrocortizone cream/Calamine Lotion  
Sewing kit/Sunglasses/small flashlight  
Motrin/Tylenol/Dayquil capsules/cough drops/No Water Excedrin (mint)/Sinus  
Meds/Benadryl  
Imodium AD/Pepto/Tums or Rolaids (all pill forms)  
Blankets/Standard bed pillow/pillowcase/single sheet sets  
AT&T Prepaid Global Calling Cards  
Ziploc Bags

**Female Products:**

Feminine Hygiene Products  
Hair bands/hair clips  
Nail polish  
Body sprays  
Perfume

**Food Ideas:**

Instant Oatmeal/individual box cereal  
Jello snack packs/Hunts Snack Puddings  
Presweetened Kool-aid/Presweetened Lemonade Mix  
Powder Gatorade/Crystal Lite Powder Drink Mix  
Kraft Handi snacks  
LifeSavers/Certs/Tic Tacs/Chewing Gum/Lollipops/Tootsie Rolls/Hard Candy  
Snack cakes/Rice Krispy Treats/cookies  
Cups of Soup/Noodles  
Milk & Cereal Bars/Granola Bars/Power Bars  
Peanut butter & crackers  
PopTarts/PopTart sticks  
Marshmallows  
Frito Scoops/Pringles/Doritos (snack size packs)  
Snack Crackers  
Individual snack size chips  
Trail mix/Chex Mix  
Tuna snack kits/canned chicken/Sardines  
Slim Jims/Beef Jerky/summer sausage  
M&Ms/Skittles/ Chiclets  
Dried Fruit/individual applesauce/canned fruit with pop tops  
Canned & instant soup  
Nuts/Raisins (individual bags/boxes)  
Individual packaged pies  
\*\*No Pork Products/byproducts can be sent!\*\*  
\*\*No fresh meat, fresh fruits or vegetables\*\*

**Entertainment:**

Dice  
Disposable Camera  
DVDs & VHS Movies  
Music CDs  
Electronic Hand Held Games  
Frisbees  
Puzzle Books/Joke Books/Comic Books  
Newspapers/Magazines/paperback books  
Jump rope/stress ball  
Travel Board Games/Mini Etch-a-sketch  
Playing Cards  
Crossword Puzzle Books  
Blank Greeting Cards (for soldiers to send home)  
Stationary/journals/return address labels (or SASE)  
Radio headsets  
Drawing pads/construction paper

**Packing Tips:**

Use plastic bags with zip-style closures for everything. They keep out sand, they keep out rain. Quart size are great to keep their wallets and personal photos with them, in one of their many pockets, and they stay dry. If you're shipping a liquid (shampoo, eye drops), or items that are likely to melt or drip (Chapstick, deodorants, chocolate) be sure to pop it into a tightly sealed plastic bag first. That will help keep the rest of the items from getting gooey or ruined, just in case.

**Shipping Requirements:**

You pay a **flat rate fee** to ship the package, and the United States Post Office will provide you with Priority Mail boxes at no cost. You can go on-line at [www.usps.com](http://www.usps.com) to have the post office deliver the supplies you need. **Custom Forms** are required. ALL packages are subject to X-ray so fill out the customs form accurately. Not including on the form that there is an electrical device and putting in a few bars of soap may cause an innocent package to be blown to bits because it looks like an explosive device of some kind.

We want our servicemen and servicewomen to know how much we appreciate them giving up their families, their careers, their lives, so that we can continue to enjoy the freedom they are fighting to protect. One of the ways we can do this is to let them know they're constantly in our hearts and minds and prayers, by sending them basic necessities and little rewards/taste of home. Won't you help?

Nancy Kopp and Diana Miller  
Fort Wayne, Indiana Chapter